

UNIVERSITY-ASSISTED COMMUNITY SCHOOLS (UACS) SPORTS, HEALTH & FITNESS

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UNIVERSITY-ASSISTED COMMUNITY SCHOOLS

A major component of the Netter Center's work is mobilizing the vast resources of the University to help traditional public schools become innovative University-Assisted Community Schools (UACS) that educate, engage, empower, and serve students, families, and community members. UACS focus on schools as core institutions for community engagement and democratic development, as well as link school day and after school curricula to solve locally identified, real-world, community problems.

This mutually beneficial partnership improves the quality of life and learning in local schools and communities while simultaneously advancing university research, teaching, learning, and service.

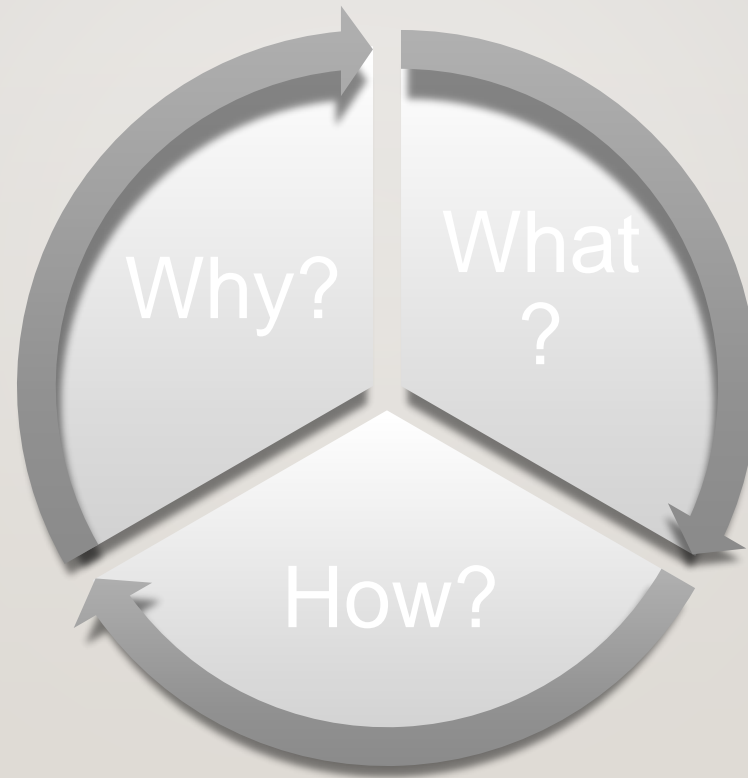


UACS SPORTS (GOAL & SCOPE)

- The goal of the UACS Sports Program is to create and implement a mutually-beneficial model for sports and fitness programming.
- UACS Sports consists of the following core activities:
 - After school and summer sports programs;
 - Sports-based leadership development for high school students connected to K-8 sports programs;
 - Mentoring for high school students pursuing collegiate athletics;
 - School-day physical education (PE) support;
 - School-day health education (Health Ed) support.



SCHOOL-DAY PE/HEALTH ED SUPPORT



WHY SCHOOL-DAY PE/HEALTH ED SUPPORT?

- PE/health teachers want partnership love too!
- Create communities of collaboration and support
- Support implementation of the School District of Phila. Health & PE Scope & Sequence
 - Content, skills and assessment
 - Realizing moderate to vigorous physical activity (MVPA) goals for PE classes – devoting 50% of class time to MVPA





SCHOOL-DAY PE/HEALTH ED SUPPORT

What does school-day PE/Health Ed support provide?

- Human Resources
 - Enables small group activity stations, and individual mentoring and tutoring
- Material Resources
 - Equipment and curriculum resources
- Instructional Support
 - Collaborative lesson planning
 - Use of facilities (indoor and outdoor)

HOW?

- Locally and individually focused: based on teacher and school needs and opportunities
- Mobilize partnerships at Penn
 - Recruitment, planning, training and ongoing technical assistance
- Mobilize partnerships in the community and across Philadelphia

PARTNERS

The Netter Center is the organizing hub, via UACS

- Academically-Based Community Service (ABCS) Courses
- Academic Interns (Service Placements)
- Work-study Students
- Volunteers

EXPECTED IMPACTS

- Improved class climate and safety
- Improved physical literacy
- Improved sport literacy
- Increased participation (thereby decreasing participation gaps)
 - Gender
 - Ability/skill
 - Behavior
- Increased MVPA
- Increased health and lifelong participation



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