

Under One Roof:

Strategic Partnerships to Integrate
Housing Supports Within Local
Youth Healthcare and Social Service Programs

PHENND Conference on Housing
Friday, February 28th, 2020





Bee Ruiz (they/them)
Youth Facilitator
Pride Program, Valley Youth House



Liyanni Smith (she/her)
Youth Facilitator
Pride Program, Valley Youth House



Alyssa Weinfurtner (she/her)
Street Outreach Supervisor
Synergy Project, Valley Youth House
aweinfurtner@valleyyouthhouse.org



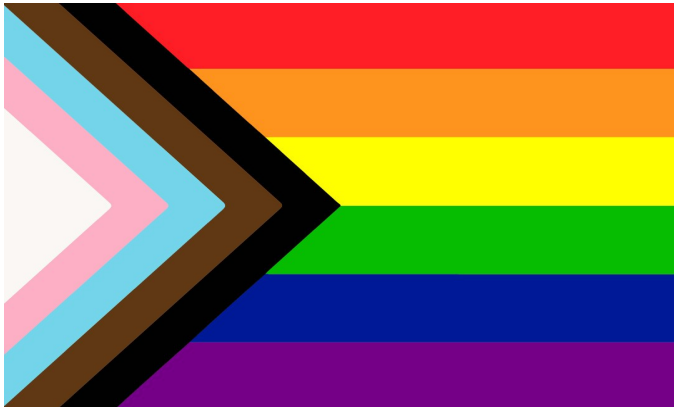
Karin Carthins (they/them)
Pride Life Skills Counselor
Pride Program, Valley Youth House
kcarthis@vcalleyyouthhouse.org



Cameron McConkey (he/him)
Stoneleigh Emerging Leader Fellow
Y-HEP Health Center, Philadelphia FIGHT
cmconkey@fight.org

Pride Program @ Valley Youth House

Pride is the longest running housing program for LGBTQ+ youth in Philadelphia.



Eligibility: Youth ages 18-24 who identify as LGBTQ+ and are experiencing housing insecurity or homelessness. Referrals can be made by LGBTQ+ and youth serving agencies.

(215) 925-2953

zcornelius@valleyyouthhouse.org

- Provide housing education, case management, and rental assistance to LGBTQ+ youth.
- Give youth the opportunity to embrace their identity and overcome the obstacles presented by housing insecurities and homelessness.
- **NEW!** The Homeward Initiative is the first Host Homes Program in Philadelphia for LGBTQ youth ages 18 to 25.

Synergy Project @ Valley Youth House

Synergy Project is an outreach and emergency services team designed to support youth age 24 and under who are unstably housed or experiencing homelessness.



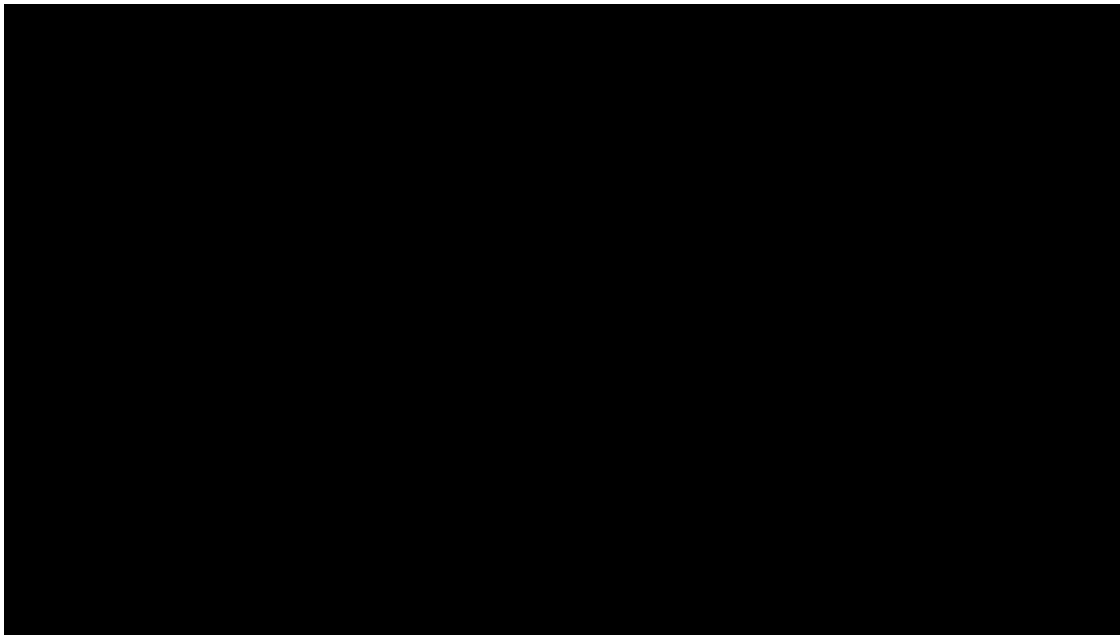
1-888-HOUSE-15
(1-888-468-7315)

1500 Sampson Street, 3rd Floor

- Outreach workers offer survival supplies, informal counseling, information and referral services, including emergency housing support.
- Outside of Philadelphia County:
 - Allentown - (610) 691-1200
 - Bucks County - (215) 442-9760
 - Dauphin County - (717) 963-7565

Y-HEP Health Center @ Philadelphia FIGHT

Y-HEP Health Center provides comprehensive healthcare services to teens and young adults, ages of 13-24.



Our primary goal is to provide a safe and confidential space that is comfortable and welcoming for all young people.

(215) 344-1632

www.yhep.org

<https://www.youtube.com/watch?start=86&feature=oembed&v=H5Cgaz3xn80>

Under One Roof: Workshop Goals

Goal #1: Develop a better understanding for the connection between housing, education, and health.

Goal #2: Learn one way in which healthcare and housing systems in Philadelphia are working together to better serve local youth.

Goal #3: Use case studies to explore social determinants of health and program design.



Small Group Activity!

How would you define *social determinants of health*?





Share-Out Time:

Defining Social Determinants of Health

- **What is consistent across definitions?**
- **What would you change after hearing others?**
- **What surprised you in what you heard?**

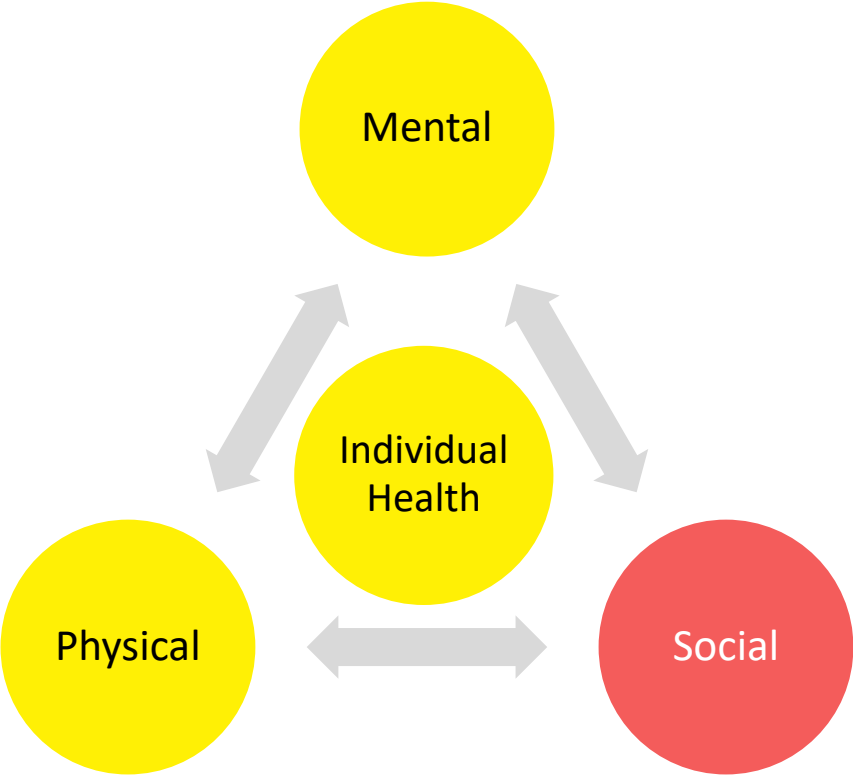
Social Determinants of Health

“Social determinants of health are the conditions in which people are born, grow, live, work and age that shape health.”



Social Determinants of Health

“The social, mental, and physical domains of your health all interact with and impact each other.”



“Someone’s HOUSING and EDUCATION impacts their individual HEALTH by impacting their social health.”

*“We have the power as
people to positively impact
communities”*



Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	
Medical bills	Playgrounds	Higher education		Stress	Quality of care
Support	Walkability				
	Zip code / geography				

<https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/>

Exploring Social Determinants of Health in the Lives of Young People

Kai



Fatima



Reese



Pooja



Tyrone





Kai:

- Commuting by car to school and work
- Relationship with mom is strained
- Experiencing anxiety and panic attacks



Reese:

- Came out to family as transgender
- No access to gender-affirming care on campus
- Discriminatory roommate situation



Tyrone:

- High school junior
- Gay, but not out to family or friends
- Worried about getting kicked out



Pooja:

- First generation college student
- Family being evicted
- Hygiene and reproductive health concerns



Fatima:

- Student athlete, experienced an injury
- Uninsured and compounding medical bills leading to housing insecurity
- Guilt and depression



Share-Out Time:

Exploring Social Determinants of Health

- **Were there any surprising elements that came up in your discussion?**
- **Do you find that some social determinants have more impact than others? Is this consistent across every story?**

Synergy Project Outreach Pop-ups

Achieving Independence Center

Social support agency for youth aged out of foster care



Synergy Project

Outreach services for homeless youth



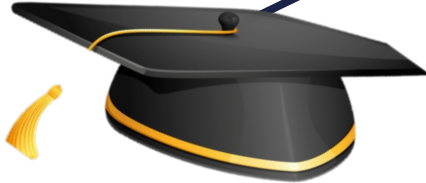
Y-HEP Health Center

Primary healthcare center for teens and young adults



Community College of Philadelphia

Local community college with ~23,000 students enrolled in courses



Mazzoni Health Center

Primary healthcare center for the LGBTQ+ community



Addressing Social Determinants of Health in the Lives of Young People

Kai



Fatima



Reese



Pooja



Tyrone





Share-Out Time:

Addressing Social Determinants of Health

- **Were there any surprising elements that came up in your discussion?**
- **What challenges did you identify in implementing your program or intervention?**

There's a growing need for child-care centers on college campuses

Published: June 9, 2018 11:44 a.m. ET



The fate of thousands of college students— and their kids—hangs in the

INSTITUTE FOR WOMEN'S POLICY RESEARCH

Briefing Paper



www.iwpr.org

IWPR #B385

Improving Success in Higher Education through Increased Access to Reproductive Health Services

January 2020



Housing Areas Undergraduate Housing Housing Contracts Campus Dining & Meal Plan Parents & Families Graduate & Family Housing

How to Get a Contract

Home → Housing Contracts

Quick Links

Housing Process Timeline

GENDER INCLUSIVE HOUSING

eLiving system

Terms, Conditions, & Regulations (TCRs)

Penn State strives to provide a safe, inclusive, comfortable, and supportive living environment for all students residing on campus.

Housing Process Timeline

Medical Accommodations

(commonly known as gender neutral housing) is a housing assignment that meets individual needs or requests of students who identify as transgender* and gender non-conforming.

Break Access/Holiday Housing

PROMISE PROGRAM SUPPORTS

The WCU Promise Program is a campus support program serving unaccompanied homeless and foster youth. The program helps support students with access to year-round housing on campus including over breaks, food and supplies from the Resource Pantry, priority employment opportunities, access to scholarship funds, monthly dinners that provide mentorship and a safe space to share successes and challenges, and more.



Debrief Panel

What lingering questions are
in the room?

Thank You! And Stay in Touch...

Pride @ Valley Youth House	<p>zcornelius@valleyyouthhouse.org (215) 344-1632 1500 Samson Street, 3rd Floor Philadelphia, PA 19102</p>
Synergy @ Valley Youth House	<p>aweinfurtner@valleyyouthhouse.org 1-888-HOUSE-15 (1-888-468-7315) 1500 Samson Street, 3rd Floor Philadelphia, PA 19102</p>
Y-HEP Health Center	<p>cmconkey@fight.org (215) 344-1632 1207 Chestnut Street, 5th Floor Philadelphia, PA 19107</p>